



THE UNIVERSITY of EDINBURGH

TESTING STATION Resuscitation at Birth

Testing Objectives

To ensure that the candidate can safely and effectively perform assessment and resuscitation of a newly born infant.

Equipment

Resusci babe manikin
Bag mask 250 and 500 ml
Masks suitable for normal birthweight and low birth weight babies
Stethoscope
Blanket//Towels
Oropharyngeal airway
Clock

Environment

Lay out the manikin so easily accessible from all directions.

Standards

Testing is carried out according to the testing sheet shown below. Candidates must achieve the correct sequence in a timely fashion

They must show the correct use of the Bag Mask equipment and show an understanding of the need to ensure an open airway and give effective ventilations

Resuscitation at Birth
MARKING SHEET

Candidate Name: _____ Facility/Hospital _____ Date _____

Actions in sequence	Pass or Fail
Dry and cover infant	
Assess colour, tone, breathing, heart rate	
Airway opening manoeuvres	
Position, chin lift, jaw thrust	
Oropharyngeal airway	
Role of suction	
Breathing actions	
Attempt 5 inflation breaths using Bag Mask with correct mask size	
Confirm response by chest movement	
Check heart rate using stethoscope (HR 100 +)	
Continue ventilations breaths if needed	
Two person technique	
Cardiac actions	
If heart rate 60/minute or less	
Three chest compressions to one breath	
Adrenaline dose	
After recovery	
When infant breathing normally	
Ensure infant is warm, give to mother for skin to skin	
When to stop resuscitation	

PASS/FAIL/RETEST (circle applicable result)

Signed: _____